Getaway for a revitalizing experience of wildness and wellness. Travel aboard the National Geographic Sea Bird, your floating base camp, and sail to the Channel Islands. We’ll actively explore three of the five wildlife-rich islands which make up the Channel Islands National Park, plus beautiful Catalina Island. Kayak and hike and revel in pure nature.

**DAY 1: LOS ANGELES / EMBARK**
We embark National Geographic Sea Bird in the early evening—where you’ll meet the team and settle in for the days ahead! (D)

**DAY 2: ANACAPA AND SANTA CRUZ ISLANDS, CHANNEL ISLANDS NATIONAL PARK**
Wake to the gentle motion of the ship at anchor off the rocky outcropping of East Anacapa Island. Join your fitness instructor on the sundeck for morning yoga, before heeding the call of the breakfast buffet. After breakfast, join naturalists aboard our expedition landing craft to go ashore on East Anacapa. The goal is the Anacapa Lighthouse, built in 1912, the last major light station to be built on the west coast. Soak in the views from Inspiration Point or, for a more relaxing option, explore Arch Rock via Zodiac.

**DAY 3: SANTA ROSA ISLAND, CHANNEL ISLANDS NATIONAL PARK**
Spend the day kayaking, hiking one of the many trails, or relaxing ashore. Join our naturalists for a more strenuous hike out to the base of the Torrey Pines, considered one of the world’s rarest pines, and one of only two naturally occurring groves in the world. The day ends with a pre-dinner yoga session on deck, followed by a sunset cocktail party, as we cruise, weather permitting, around San Miguel Island at sunset to see the spectacle: over 30,000 pinnipeds, and up to five different species, haul out on the beaches at various times of the year (B,L,D)

**DAY 4: CATALINA ISLAND**
Spend the day discovering the colorful history and natural wonders of Catalina Island. Once a haunt of smugglers and gold-diggers, the island was transformed into a resort destination by chewing gum tycoon
William Wrigley, Jr. in the 1920s. Some 50 years later, William’s heirs, Philip K. Wrigley and Dorothy Wrigley Offield, established the Catalina Island Conservancy, protecting nearly 90 percent of the island. After a morning workout on deck followed by breakfast, enjoy a session with a Conservancy member to learn about their work on the island before heading out on the trail for spectacular views of the coastline and the Catalina backcountry. With luck, we may catch a glimpse—or a photo—of the elusive fox species endemic to the island. Head for the water to kayak or stand-up paddleboard.

After lunch, the ship arrives in Avalon Harbor, where you’ll have time to explore on your own. Explore downtown Avalon, the island’s only incorporated city, population a little under 5,000. Take the 30-minute (mostly uphill) stroll up Avalon Canyon to visit the Wrigley Monument and The Botanic Garden. Or visit an architectural gem: the famous Catalina Casino, built by William Wrigley, Jr. in 1929. Scuba-certified? Our team will arrange diving and gear rental for you with a top local operator. Our team will arrange diving and gear rental for you with a top local operator. Return to the ship for sunset yoga on deck, a farewell dinner, and a last evening at sea, under the stars. (B,L,D)

**DAY 5: LOS ANGELES / DISEMBARK**

Awake dockside in the bustling Port of Los Angeles (early risers can catch the action in one of the world’s largest ports). Enjoy a final breakfast on board before disembarking—refreshed by your getaway.

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**Advance Payment:** $750 per person

**Cost Includes:** All accommodations aboard ship; all meals and nonalcoholic beverages aboard ship; shore excursions; sight-seeing and entrance fees; special access permits and park fees; use of kayaks and paddleboards; taxes and service charges; and services of Lindblad Expeditions’ natural history staff.

**Not Included:** Air transportation; transfers from airport upon arrival or departure; passport or visa fees if necessary; meals not indicated; travel protection plan; optional diving excursions; personal items such as Wi-Fi, laundry, spa treatments, alcoholic beverages, etc.; gratuities to the ship’s crew are at your discretion.

**NATIONAL GEOGRAPHIC SEA BIRD**

<table>
<thead>
<tr>
<th>CHANNEL ISLANDS NATIONAL PARK</th>
<th>CAT. 1</th>
<th>CAT. 2</th>
<th>CAT. 3</th>
<th>CAT. 1 SOLO</th>
<th>CAT. 2 SOLO</th>
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<tr>
<td>5 DAYS / 4 NIGHTS</td>
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**Cancellation Policy:**

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<th># of Days Prior to Expedition Start</th>
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**FOR QUESTIONS, OR TO MAKE YOUR RESERVATION, PLEASE CONTACT LINDBLAD EXPEDITIONS:**

96 Morton Street  
New York, NY 10014

Phone: 888-773-9007  
Email: groups@expeditions.com
NATIONAL GEOGRAPHIC SEA BIRD & NATIONAL GEOGRAPHIC SEA LION

OVERALL LENGTH: 152 feet.

PUBLIC AREAS: Our twin sister ships feature a library; global market; lounge with full-service bar and facilities for films, slide shows and presentations; observation deck; partially covered sun deck with chairs and tables, and LEXspa. Our “open bridge” provides guests an opportunity to meet our officers and captain and learn about navigation.

MEALS: Served in single seatings with unassigned tables for an informal atmosphere and easy mingling. Breakfast is a wide selection buffet and lunch is often served family style. Menu emphasizes local fare.

CABINS: All face outside with windows, private facilities and climate controls.

EXPEDITION EQUIPMENT: Bow camera, hydrophone, kayaks, snorkeling gear, splash-cam, underwater video camera, video microscope, wet suits in Baja and expedition landing craft.

SPECIAL FEATURES: Guest Internet access. A video chronicler is on board all voyages. A ship’s doctor is on board in Baja. An undersea specialist is on board in Baja and Alaska.

WELLNESS: The vessel is staffed by a wellness specialist and features exercise equipment, LEXspa and outdoor stretching area.

CATEGORY 1: Main Deck #300-305—Conveniently positioned between the dining room & lounge, these cabins feature two single lower beds, and a large view window.

CATEGORY 2: Bridge Deck #100-104; Upper Deck #200-212, 215—These well-located cabins include two lower single beds & a view window.

CATEGORY 3: Bridge Deck #105, 106; Bridge Deck cabins include two lower single beds only. Upper Deck #214, 216, 217, 219—These cabins feature a seating unit with table and two large view windows. Upper Deck cabins include two lower single beds which can convert to a double bed and a pull-out single bed for a third person;

NOTE: Sole Occupancy cabins are available in Categories 1 and 2 only. Third person rates are available in certain categories at one half the double occupancy rate.

SHARED ACCOMMODATIONS: Shares can be arranged at the double occupancy rate in Categories 1 and 2 only.
RESERVATION FORM:

WILD CALIFORNIA ESCAPE:
CHANNEL ISLANDS NATIONAL PARK

ABOARD NATIONAL GEOGRAPHIC SEA BIRD

Please reserve__________ place(s) on the OCTOBER 11-15, 2020 voyage date

Name 1: _______________________________________________________________________________________________________
(As it appears on I.D.)
Date of Birth:________________________
(Preferred name for name badge)

Name 2: ______________________________________________________________________________________________________
(As it appears on I.D.)
Date of Birth:________________________
(Preferred name for name badge)

Street Address: ________________________________________________________________________________________________

City:___________________________________________________________ State:_______________________ Zip:_______________

Primary Phone: ___________________________________________ Cell Phone: ____________________________________________

Email: ________________________________________________________________________________________________________

Accommodations:   ❑ Double   ❑ Single   ❑ Twin share w/friend    ❑ Share with roommate assigned by tour operator

Please indicate choice of cabin category in order of preference: 1st choice: _______________ 2nd choice: _______________

❑ Enclosed is my advance payment of $______________________ (US$750 per person). Check made payable to Lindblad Expeditions.

❑ Charge my advance payment of $______________________ (US$750 per person) to:
❑ Visa    ❑ MasterCard    ❑ American Express    ❑ Discover

Account Number:___________________________________________________________ Expires:___________________________

Signature:_____________________________________________________________ Date:______________________________