Burma
Legends of the Golden Land
and the Road to Mandalay
January 20 to February 1, 2014
Bagan’s Archaeological Zone is significant not only for its sheer number of religious edifices but also for the magnificent architecture of its pagodas and their contribution to Burmese temple design, including vaulted temples and pentagonal floor plans.

What’s So Special About Traveling with Washington University?
*Just about everything!*

First and foremost, you’ll enjoy traveling with a wonderful group of alumni and friends who share your love of learning through travel. While exploring the legacy of this former British colony in its architecture and tree-lined boulevards, as well as the influences of China, India and Thailand evident in the art, dance and dress of Myanmar today, you’ll find camaraderie and a contagious spirit of adventure. In selecting this itinerary, our Alumni Travel Committee also knew how much our group members would appreciate the luxury of its wonderful, ideally located five-star hotels.

Do you have to be an alum to join a Washington University Travel Program trip?

Alumni, parents, friends—and their friends—are all welcome. The travel experience is made even more special when shared with others who love learning through travel. So sign up today—on your own or with a friend—either way you’ll enjoy an unforgettable travel experience!

Don’t Wait: *Space is limited, and our $1000 (per couple) early booking savings offer is only valid until July 22, 2013!*

The Washington University Travel Committee
John Fox Arnold
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Gail Lewin, JD ’76
Tom Lowther, JD ’62, MA ’99*
Molly McConnell, AB ’66
Tom McConnell, AB ’66
Sandy Rothschild, AB ’67, MBA ’71
Rick Ryan, MBA ’94
Ann Ruwitch

*Chair

P.S. The Washington University Travel Committee strongly recommends that you purchase travel insurance for every trip on which you plan to embark. Unforeseen circumstances may cause you to cancel your trip at the last minute, and travel insurance will help to ensure that your fees are refunded. Washington University does not offer its own travel insurance, but Gohagan & Company offers a policy you may purchase.
Marco Polo called Burma “the golden land” when he traveled to this ancient cultural paradise in the 13th century and saw the thousands of glittering, golden pagodas, religious shrines and stupas that stretched as far as the eye could see. Six hundred years later, the wonderfully preserved enchantment of this land inspired Rudyard Kipling, a young 19th-century British soldier, to write the “Road to Mandalay,” a poem immortalizing the mystical beauty, grace and charm of Burma’s lands and peoples. The “Road to Mandalay” is the mysterious Irrawaddy River, a centuries-old conduit flowing from Yangon (Rangoon) to Mandalay and passing the tranquil setting of Bagan, a serene golden plain gently dotted with 11th-century pagodas and temples that still distinguish the landscape.

Burma’s allure continues to beckon travelers to experience a world where time has stood still—where vast, natural beauty, rich traditions, colorful pageantry and unsurpassed cultural heritage remain untouched and steeped in Buddhist traditions. Once cut off from the rest of the world, Myanmar has experienced a rebirth, opening its borders and allowing international visitors to see its exotic treasures and traditions, to encounter some of the more than 100 national races of people living together and to experience cedana, the creed that Myanmar people live by—a heartfelt goodwill towards friends and strangers alike.

U.S.
Monday, Day 1
Depart from the U.S. Cross the International Date Line.

Yangon, Myanmar (Burma)
Tuesday, Day 2
Arrive in the garden city of Yangon, the country’s former capital and home to the largest number of colonial structures in all of Southeast Asia. Check into the five-star CHATRIUM HOTEL ROYAL LAKE YANGON.

Yangon
Wednesday, Day 3
After breakfast, begin your tour of Yangon along its wide, tree-lined avenues and turn-of-the-century architecture. See the Sule Pagoda, where legend has it that a strand of hair from Buddha is enshrined in this golden stupa.
Notice that some young women wear yellowish-white paste on their faces called *thanaka*, made from ground tree bark, traditionally used for its cooling properties and as a sunscreen. Visit the 230-foot-long statue of the Chaukhtatgyi Paya Reclining Buddha and St. Mary’s Cathedral, built in the late 19th century and known for its beautiful stained-glass windows and its fortitude during the Japanese invasion during World War II. Continue to the Botataung Pagoda, known for its mirrored maze-like walkway lined with glass cases exhibiting many ancient relics and artifacts. Following lunch in a nearby restaurant, visit the National Museum to view the richly decorated Lion Throne, royal jewelry and ancient artifacts.

Enjoy the Welcome Reception and Dinner this evening.

**Yangon/Bagan**

**Friday, Day 5**

This morning, fly to Bagan, home to over 2000 pagodas, temples and stupas and one of the most remarkable archaeological sites in Asia. Visit five of the most notable temples in Bagan’s Archaeological Zone, including the Ananda Temple, a 12th-century architectural masterpiece built under the reign of King Kyanzittha.

Transfer to the deluxe AYE YAR RIVER VIEW RESORT, a resort located on the banks of the Irrawaddy River, for lunch. Then, enjoy a traditional horse-drawn carriage ride amid Bagan’s remarkable temples, pagodas and stupas.

At sunset, enjoy spectacular views over Bagan from the unique vantage point of the Shwesandaw Pagoda. Return to the hotel for dinner.

**Bagan**

**Saturday, Day 6**

Begin the day exploring Nyaung U Market, where you have an opportunity to mingle with Myanmar’s friendly people. Continue to the Shwezigon Pagoda, built by King Anawrahta to enshrine relics of Buddha; it is one of the most significant religious structures in Burma as it served as the architectural model for future stupas.

Essential to your stay in Bagan is a visit to a local lacquerware workshop where you will see and learn more about this ancient craft.

After lunch in a nearby restaurant, continue touring Bagan’s numerous pagodas.

Inle Lake’s native people, the Inthas, have masterfully rowed their boats with one leg for generations, freeing their hands to fish using conical nets. This unique stance allows them to see fish at the bottom of the lake.
Enjoy a sunset cocktail cruise on the Irrawaddy River and watch as the changing light provides a breathtaking illumination of the ancient temples.

Bagan/Mandalay

Sunday, Day 7
This morning, fly to Mandalay. A former capital of the Myanmar kingdom and the heart of its royal history, Mandalay still has an imperial feel with the crowning glory of Mandalay Palace at its center. In Amarapura, the City of Immortality, stop at one of Myanmar’s most photographed sites, the U Bein Bridge, the world’s longest teak footbridge, which crosses Taungthaman Lake. Visit the serene Maha Ganayon Monastery, home to several thousand young monks, and Mahamuni Buddha Temple, a major pilgrimage site where gold leaf is regularly applied to the most revered Buddha in Myanmar by devoted followers. Lunch is in a nearby restaurant.
Later, visit the Kuthodaw Pagoda, known for housing the “world’s biggest book.” Its 729 marble tablets, each inside its own small, white pitaka pagoda, are collectively inscribed with the entire text of the Tripitaka (teachings of the Gautama Buddha). Next, from Mandalay Hill Pagoda, enjoy exquisite sunset views. Check into the deluxe Mandalay Hill Resort Hotel, near the Royal Palace. Enjoy dinner in the hotel.

Mandalay

Monday, Day 8
After breakfast, visit the restored Mandalay Palace and Fort, the last palace to be built by the Burmese monarchy. Completed by King Mindon in 1859, he moved his capital from Amarapura to Mandalay as the location promised favorable omens. Stop at a gold pounding workshop and watch as gold leaf is flattened into thin wafers, a traditional craft preserved by the Myanmar people. Also, meet local artisans and observe the creation of exquisite, handwoven embroidery or intricate woodcarvings.
The remainder of the day is at leisure to pursue individual interests.

Mandalay

Tuesday, Day 9
This morning, embark on your captivating cruise along the “Road to Mandalay,” the Irrawaddy River. Dock in Mingun, known for its formidable Mingun Pagoda, left unfinished following a prophecy that warned if it was completed the country would be destroyed. See the famous 90-ton Mingun Bell, the largest intact bell in the world, which was to be installed at the top of the king’s unfinished pagoda. Visit the beautiful white Hsinbyume Pagoda, designed for the Buddhist mythological mountain, Mount Meru and most atypical of the traditional Buddhist architecture.
After lunch, arrive in Sagaing, where the hills are dotted with significant religious shrines and pagodas. Learn more about the ancient arts at Ywahtaung, home of the silversmiths’ guild. Return to the hotel for an evening at leisure.

Considered by many to be the center of Buddhism in Myanmar, the serene Sagaing Hills are known for their more than 500 monasteries.
The Shwe Indein Pagoda has an incredible collection of hundreds of weathered stupas dating back to the 13th century. When the wind blows, listen for the bells ringing at the top of the small stupas.

Pindaya's remote limestone cave complex showcases more than 8000 gold-painted statues of Buddha in varying shapes and sizes, made from teakwood, marble, alabaster, brick and lacquer.

Mandalay/Heho/Inle Lake
Wednesday, Day 10
Fly to Heho and transfer to a restaurant in Pindaya for lunch. Enjoy a special visit to the 11th-century Shwe Oo Min Pagoda and its impressive limestone cave complex of winding chambers and passages filled with more than 8000 statues of Buddha dating back to the 18th century. The cave's stalactites and stalagmites form fanciful shapes giving rise to their names, such as “Fairy Princess Loom.”

Board a longboat and pass authentic stilted villages en route to the deluxe MYANMAR TREASURE RESORT, ideally located on Inle Lake, a place of peace and tranquility that offers a glimpse of the Burmese traditional lifestyle in a serene environment. Dinner in the hotel is enhanced by lovely views of the lake.

Inle Lake
Thursday, Day 11
Spend a full day exploring the treasures and natural wonders of magnificent Inle Lake by longboat. Watch for local leg rowers, or Inthas, in sampans. Cruise into the narrow and shallow canals of Indein Creek, and see thousands of beautifully decorated stupas nearby. Continue on to Phaung Daw U Pagoda, the most sacred site in Shan state, featuring five Buddha statues covered with layer upon layer of gold leaf.

Following lunch in a nearby restaurant, learn more about traditional cottage crafts by watching silk weavers and silversmiths. Visit the stilted Nga Phe Chaung Monastery, known for its domesticated jumping cats, a cheroot workshop and the fascinating floating markets. Enjoy a Farewell Dinner in the hotel.

Inle Lake/Heho/Yangon
Friday, Day 12
Fly to Yangon this morning. The afternoon and evening are at leisure. Continue on the Bangkok, Thailand, Post-Program Option with an overnight stay in Yangon or depart for the U.S.

Yangon/U.S.
Saturday, Day 13
Arrive today in the U.S.

Balloon Ride over Bagan
Let your spirit take flight on a once-in-a-lifetime early morning hot-air balloon flight over Bagan. Gently glide over temples, pagodas and stupas at sunrise, marveling at this magnificent, ancient kingdom from an elevated perspective. Space is limited. Weather permitting.
Included Features

In Yangon (Rangoon)
◆ Three nights and one day room (final day) in the five-star CHATRIUM HOTEL ROYAL LAKE YANGON.
◆ Breakfast each morning and one lunch.
◆ Welcome Reception and Dinner.
◆ Tour of Yangon, including the revered 230-foot Reclining Buddha, Dutch-designed St. Mary's Cathedral, historic Botataung Pagoda and the National Museum.
◆ Visit to the holistic Gaitamet Music Center; Kalaywa Tawya Monastery, a scriptural learning center for monks, nuns and novices; and the lively Bogyoke Aung San Market.
◆ Tour of the legendary, gilded Shwedagon Pagoda.

In Bagan
◆ Two nights in the deluxe AYE YAR RIVER VIEW RESORT.
◆ Breakfast each morning, two lunches and one dinner.
◆ Excursions to the remarkable Bagan Archaeological Zone, including a tour in a traditional horse-drawn carriage and a visit to the gold-plated Shwezigon Pagoda, one of Myanmar's most significant religious sites.
◆ Visit to the local Nyaung U Market.
◆ Demonstration of the ancient techniques used by skilled artisans to make Bagan's famous lacquerware.
◆ Specially arranged sunset cocktail cruise on the Irrawaddy River.

In Mandalay
◆ Three nights in the deluxe MANDALAY HILL RESORT HOTEL.
◆ Breakfast each morning, two lunches and one dinner.
◆ Excursion to Amarapura, highlighted by visits to the 19th-century U Bein Bridge; Maha Ganayon Monastery; and the highly venerated Mahamuni Buddha Temple.
◆ Visits to Kuthodaw Pagoda, featuring 729 pitaka pagodas housing marble tablets of the world's largest book, and Shwenandaw Kyaung, an all-teak pavilion enveloped in intricate woodcarvings.
◆ Excursion to Mandalay Hill Pagoda for exquisite sunset views over Mandalay.
◆ Tour of Mandalay, including the beautifully restored Mandalay Palace and Fort and demonstrations in gold leaf, embroidery and woodcarving artisan workshops.
◆ Full-day, private Irrawaddy River cruise featuring visits to historic Mingun Pagoda, striking Hsinbyume Pagoda, the Buddhist center of Sagaing and a silversmith artisan workshop.

Transfer from Heho to Inle Lake including lunch.

In Inle Lake
◆ Two nights in the deluxe MYANMAR TREASURE RESORT.
◆ Breakfast each morning, one lunch and two dinners, including a Farewell Dinner.
◆ Excursion to the Shwe Oo Min Pagoda caves in Pindaya, filled with thousands of Buddha images.
◆ Full-day, private longboat cruise on Inle Lake, highlighted by the archaeological, cultural and natural wonders of this remote waterway.

Transfer from Inle Lake to Heho.

Enhanced Travel Services
◆ Transfers and baggage handling abroad for participants who have purchased their international air tickets through Gohagan & Company and whose arrival(s)/departure(s) coincide with the scheduled group transfer(s).
◆ All excursions and visits, as outlined in the itinerary, with experienced, English-speaking local guides.
◆ Gratuities to local guides and drivers on included excursions.
◆ An optional excursion is available at additional cost.
◆ Hospitality desk in the hotels and aboard ship.
◆ The services of an experienced Gohagan & Company Travel Director throughout the program.
◆ Travel document wallet, name badge and pre-departure information.
◆ Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Angkor and Archaeology – Temples of Siem Reap, Cambodia
Pre-Program Option

Discover the gateway to the medieval Khmer empire in Siem Reap Province, best known for its UNESCO World Heritage site—Angkor. The famous Angkor Wat, meaning “city of temples,” is the largest religious monument in the world, used in prayer since the 12th century. Enjoy a tuk-tuk ride to the ruins and explore its famous towers, temples and carvings. Visit the Angkor National Museum, the royal city of Angkor Thom and the remnants of the lost city, Ta Prohm. Accommodations for three nights are in the deluxe SOFITEL ANGKOR PHOKEETHRA RESORT.

Rediscovered in the late 19th century, Angkor Wat is the crowning achievement of Khmer architecture.

Buddha in Bangkok – Thailand’s Capital City
Post-Program Option

In a land filled with more than 26,000 shrines, discover three of Bangkok’s most famous temples: Temple of the Golden Buddha, Temple of the Reclining Buddha—Bangkok’s largest, and Marble Temple, a magnificent white marble monastery. Wind your way to the Grand Palace via a long-tail boat and explore the Temple of the Emerald Buddha, Thailand’s holiest treasure. Visit the Jim Thompson House, the former home of this American who revitalized Thailand’s silk industry. Accommodations for two nights are in the deluxe SHANGRI-LA HOTEL.

The Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation.

Thailand’s Royal Barge Procession, a rare event, has been a ceremony of religious and royal significance for nearly 700 years.
The Shwedagon Pagoda dominates Yangon's skyline with its exquisite gilded stupa and is the most sacred Buddhist pagoda in Myanmar with relics of the last four Buddhas enshrined within.

### LAND TARIFF

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<tr>
<th>Per person, based on double occupancy</th>
<th>Early Booking Price through July 22, 2013</th>
<th>Regular Price after July 22, 2013</th>
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<tr>
<td>◆ Singles are available upon request for an additional $2000.</td>
<td>$5495</td>
<td>$5995</td>
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<td>◆ Taxes are an additional $140 per person and are subject to change.</td>
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<td>◆ Airfare Yangon/Bagan, Bagan/Mandalay, Mandalay/Heho and Heho/Yangon (internal program air) is $630 per person additional and subject to change. Visa fees are at additional cost to be advised.</td>
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### BURMA RESERVATION FORM

Send to: Thomas P. Gohagan & Company
Eleven South LaSalle Street, Second Floor
Chicago, IL 60603-1240
You may also phone the Alumni Association for information at (314) 935-7278 or (866) WUTRIPS.
If you have questions regarding tour logistics, please call Gohagan & Company at (800) 922-3088 and ask for the Passenger Services Coordinator for this tour.

Please make my/our reservation(s):
- Double occupancy (two twin beds).
- Double occupancy (one queen bed).
- Single accommodations.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s):
- Angkor Pre-Program Option
  - Double at $795 per person.
  - Single at $1195 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

- Bangkok Post-Program Option
  - Double at $740 per person.
  - Single at $1140 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

- I/We want you to book my/our air from __________________________ (fill in departure city) to and from Yangon, Myanmar, at additional cost to be advised.‡
  - Economy Class
  - Business Class
  - First Class

‡ Note: Airfare is subject to change and availability and is nonrefundable.

I/We will make my/our own air arrangements.

Program reservations require a deposit of $800 per person and $200 per person Angkor Pre-Program Option and $200 per person Bangkok Post-Program Option. By reserving and depositing on this program, I/we accept and agree to the Terms and Conditions.

Please make my/our deposit of $____________ to:
- Visa
- MasterCard

Card Number Exp. Date

Signature as it appears on credit card

All FINAL PAYMENTS are required to be made by check or wire transfer by October 17, 2013.
The 19th-century U Bein Bridge is the longest and oldest teakwood bridge in the world and is still a main passage indispensable to the daily life of local people.

CONTRACT: TERMS & CONDITIONS: IMPORTANT READ CAREFULLY.

RESPONSIBILITY: Thomas P. Gohagan & Company, the sponsoring associations/organizations, and its and their employees, shareholders, subsidiaries, agents, contractors, motorcoach companies, travel agents, and assigns (collectively “Gohagan”), do not own or operate any entity which is or does provide goods or services for your tour including, for example, lodging facilities, airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers or organizers of optional excursions, food services, or other entities. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity of any third party.

In addition and without limitation, Gohagan is not responsible for any damage to persons or property in connection with the provision of any goods or services which result in injury, death, loss, personal or property damage, act of war or civil unrest, insurrection or revolt, animals, strikes or other labor activities, criminal or terrorist activities of any kind, sickness, ill health, or any other contingency or events or acts of God beyond our control, availability of and access to appropriate medical treatment, or other failure of airlines or other means of transportation, or for any failure of any transportation mechanism to arrive or depart on time.

If due to weather, flight schedules or other uncontrollable factors, you miss a scheduled group transfer, your personal travel plans must be coordinated by the required deposit, by your travel agent, by the hotel or by the airline. You are responsible for your own handling equipment.

ASSOCIATE RESPONSIBILITY: Washington University is not responsible for the acts of the tour operator, airlines, carriers resulting from operational and/or itinerary changes, even if Gohagan or Vantage cancels the tour. Gohagan reserves the right to substitute vessels, hotels or attractions of a similar class. Washington University is not responsible for any changes, or any failure to arrive or depart on time, weather conditions, airline schedules, changes in flight times, hotel arrangements, or itinerary, fare changes; accidents; injury, damages, or loss; or for any other event or cause beyond the control of the Washington University, (e.g., sickness, weather, strike, civil unrest, acts of terrorism, quarantine, acts of God) or for any losses or additional expenses incurred in connection therewith. The right is reserved to terminate participation of (without refund) any person on the tour should such person’s health, actions, or general deportment interfere with the operation of the tour or rights of other travelers. Upon payment of a deposit, tour participants indicate acceptance of the above terms and conditions.

DISCOUNTED RESERVATIONS: Discounts apply only to those reservations received in the offices of Gohagan in writing, accompanied by the required deposit, by July 22, 2013. In the event a “discounted” reservation must be cancelled, no “replacement” reservation can be substituted at the discounted rate. A “replacement” reservation is a new reservation and can be substituted only at the full-rate tariff. Cancellation penalties may apply.

CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective until received in writing in the offices of Gohagan. Should you have to cancel, the following tariffs will apply: reservation cancellation(s) are subject to a $200 ($30 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $800 ($200 Pre/Post Program(s)) per person; from 61 through 94 days prior to departure, 50% of the published full regular tariffs; 60 days or less prior to departure, a-no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRAVELER'S RESPONSIBILITY: Because our cancellation policies are strictly enforced, we strongly recommend that you purchase trip cancellation insurance. In event you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement. Trip cancellation insurance is available through Thomas P. Gohagan & Company and others for comprehensive coverage of such expenses in conjunction with cancellation due to illness or accident, interrupted or lost luggage. We will send you an application upon receipt of your reservation.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in airfares, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the tour participant of same. On application upon receipt of your reservation.

REGISTRATION: CST#: 2011868-40, WST#: 601 767 666, GST#: 0905.

ARBITRATION AGREEMENT: Any controversy or claim arising out of or relating in any way to these Terms and Conditions, the brochure, our website, or any other information relating in any way to the trip, or to the trip itself, shall be settled solely and exclusively by binding arbitration in Chicago, Illinois, in accordance with the commercial rules of the American Arbitration Association then existent.

The arbitrator and not any federal, state, or local court or agency shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or voidable.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms and conditions of this contract.

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