Scandinavia and the Baltic Sea
Discover the lands and legacies forged by centuries of Baltic history on a 9-night cruise to visit 6 countries on this extraordinary journey. Explore the cultural rebirth of Scandinavia and the Baltic states on this amazing itinerary with excursions to Gothenburg, Sweden; Copenhagen, Denmark; Gdansk, Poland; Riga, Latvia; Helsinki, Finland; and Tallinn, Estonia. This program features special guest speaker Lech Walesa, Nobel Peace Prize Laureate and former President of Poland, who will be speaking by exclusive arrangement about the establishment of the Polish Solidarity labor movement and the struggles he overcame when confronting a Soviet-backed regime—a message that is now more poignant than ever. As you cruise from port to port along the Baltic Sea, meander through historic Gothenburg; gaze upon Copenhagen’s iconic sites on a canal cruise; and see the magnificent Neptune’s Fountain in Gdansk. Tour Riga, brimming with 18th- and 19th-century Art Nouveau/Jugenstil architecture, and experience its solemn Jewish history. Discover Helsinki’s Sibelius Park, an artistic homage to Finland’s most famed composer; and wander Tallinn’s UNESCO World Heritage-designated Old Town. Enhance your journey with the Norway Pre-Program and the Stockholm Post-Program options.
Washington University Alumni and Friends:  
Be part of a wonderful group—on a remarkable journey!  
Join Washington University alumni and friends on a trip of a lifetime: Experience six countries over 11 days and 9 nights on this exclusive travel program. In the tradition of ancient Viking mariners and medieval merchants, set forth from Oslo, Norway to Gothenburg, Sweden to stroll the 17th-century Haga district. Experience Denmark’s sophisticated capital city of Copenhagen.

What’s So Special About Traveling with Washington University?  
Just about everything!  
First and foremost, you’ll enjoy traveling with a wonderful group of alumni and friends who share your love of learning through travel. Whether enjoying an exclusive arrangement, where Nobel Peace Prize Laureate and former President of Poland Lech Wałęsa will present his perspective on Solidarity, globalization, and progress in the region or admiring neo-classical architecture in Helsinki, Finland, and tour the medieval Old Town of Tallinn, Estonia, you’ll find camaraderie and a contagious spirit of adventure. In selecting this itinerary our Alumni Travel Committee also knew how much our group members would appreciate the luxury of the five-star WORLD NAVIGATOR.

Do you have to be an alum to join a Washington University Travel Program trip?  
Alumni, parents, friends—and their friends—are all welcome. The travel experience is made even more special when shared with others who love learning through travel. So sign up today—on your own or with a friend—either way you’ll enjoy an unforgettable travel experience!

Don’t Wait: Space is limited, and our early booking savings offer is only valid until February 8, 2024! You could save up to $3,320 (per couple). Please see the cruise rates listed separately in this brochure!

David E. Webb  
Director, Travel Program and Education  
Alumni & Constituent Engagement  
Washington University in St. Louis  
P.S. The Washington University Alumni Association strongly recommends that you purchase travel insurance for every trip on which you plan to embark. Unforeseen circumstances may cause you to cancel your trip at the last minute, and travel insurance will help to ensure that your fees are refunded. Washington University does not offer its own travel insurance, but Gohagan & Company recommends a policy you may purchase.

To secure your spot, call Gohagan and Company at 800-922-3088 or visit gohagantravel.com/reserve
Lech Wałesa—former President of Poland (1990 to 1995), Polish hero, and international icon in the pursuit of freedom and democracy—joins us on our tour to discuss his unique role in the history of this region. From his position as a marine electrician in Gdansk Shipyard, Wałesa emerged as a world-renowned figure in the struggle against communism during the 1980 shipyard workers’ strike and the establishment of the Polish Solidarity labor movement. He was awarded the Nobel Peace Prize in 1983, a watershed moment widely considered to have been the first crack in the Soviet Union’s Iron Curtain, which crumbled with the Berlin Wall in 1989. That same year, Wałesa became the first foreign non-head of government to address a joint meeting of the U.S. Congress.
In his oft-quoted poem, "The Road Not Taken," Robert Frost awakened the idea and determination in many to choose the road less traveled; to overcome fear and avoid regrets. It sparked the quest for adventure in those wishing to experience more from life. Intrepid world travelers manifest this idea by seeking out destinations less traveled, such as Scandinavia and the Baltic Sea, which is surrounded by nine countries in Northern Europe. Here, travelers have the rare opportunity to visit a number of countries and experience a kaleidoscope of cultures in a short period of time when cruising by ship from port to port. Ancient architecture, centuries-old history, storied landmarks, fascinating cities, and breathtaking, romantic scenery provide the perfect backdrop and opportunity to take the road less traveled, which will surely make all the difference.

**INCLUDED FEATURES**

- Transfers and luggage handling abroad if you purchased air through Gohagan & Company and your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to local guides and drivers on included excursions and transfers.
- Complimentary bottled water in your suite or stateroom and on excursions.
- Experienced Gohagan & Company Travel Directors at your service.
- Complimentary use of an audio headset during guided excursions.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
- Hospitality desk aboard the ship.
- Meals included as noted in the itinerary (B,L,R,D).
Depart Home City
Day 1
Depart your home city.

Oslo, Norway/Embark
Day 2
Arrive in Oslo and embark the World Navigator. (d)

Gothenburg, Sweden
Day 3
In this city founded by King Gustav II in 1621, admire the view from the hilltop Masthugg Church, stroll through the 17th-century Haga district, and the public squares on a walking tour.

See the iconic Carl Milles’ Poseidon statue, the Beaux-Arts style city hall, and more. Then, visit the Gothenburg Opera, called “The Lipstick” by locals. This afternoon, drive through the scenic Swedish countryside, passing remarkable glacial formations along Lake Lygnern.

Visit Tjolöholm Castle, an Arts and Crafts manor house designed in the Tudor style by architect Lars Israel Wahlman. Enjoy time to roam the estate and gardens. Attend the Captain’s Reception and Dinner this evening. (b,l,r,d)

Copenhagen, Denmark
Day 4
On a tour of the world-class capital of Denmark, travel to Gammel Strand for a sightseeing cruise through the old canals and the port of Copenhagen. Pass the Old Stock Exchange and Christiansborg Palace before entering the harbor to see the ancient Battery Sixtus, the Three Crowns fortress, and the famous bronze statue, the Little Mermaid. Then, enter the Christianshavn Canal with its eclectic mix of ancient warehouses, houseboats, and modern architecture. Continue to the famous pedestrian street, Strøget. Make a photo stop at Amalienborg Palace and pass by The King’s Garden. (b,l,d)

Gdansk, Poland
Day 5
Tour the former Hanseatic League port, strolling along the Royal Route and the Long Wharf to see the magnificent Neptune’s Fountain and the 14th-century Artus Court, inspired by Britain’s King Arthur. Stop at the entrance to the Gdansk Shipyard, where the Solidarity Movement began in 1980, and see its Monument to the Fallen Shipyard Workers of 1970. Meet former Polish President and Nobel Peace Prize Laureate Lech Wałęsa on board the ship, where he will discuss his unique role in the history of the region. (b,l,d)

Day at Sea
Day 6
Appreciate the scenery and relax on board the ship. (b,l,d)

Riga, Latvia
Day 7
Latvia’s little-known capital is brimming with 18th- and
19th-century Art Nouveau/Jugendstil architecture. Drive by coach along Elizabeth Street to the Daugava embankment. Begin a walking tour near the Freedom Monument. In Dome Square, visit St. John’s Church and enjoy a brief concert. Continue to see the Great Guild, then view the Swedish Gate, the Three Brothers houses, and Blackhead’s House, an integral part of Riga’s architectural landscape. Learn about the Jewish history lived in Riga. See the site of the former Great Choral Synagogue, destroyed by Nazis on July 4, 1941, killing hundreds of worshipers inside. Visit the memorial park that was once The Old Jewish Cemetery. See the tombstone marker of Rumbula massacre that claimed 25,000 Jewish lives. Visit the New Ghetto Museum and the Old Town’s Art Nouveau synagogue. (b,l,d)

**Day at Sea**

**Day 8**
Take advantage of the ship’s amenities today. (b,l,d)

**Helsinki, Finland**

**Day 9**
Tour Finland’s capital city to see neo-classical architecture of the 1840s. Pass the colorful Market Square by the sea, the Presidential Palace and Parliament Building, the Opera House, and Helsinki Cathedral. See the modernist Sibelius Monument, an artistic homage to Finland’s most famed composer. Visit the subterranean Temppeliaukio Church, impressively hewn into solid natural bedrock. This afternoon, choose between two options: a half day tour of the village of Porvoo, the second oldest city in Finland, famed for its charming, historic Old Town; or, indulge in an authentic, traditional Finnish Sauna experience (max of 60 participants). (b,l,d)

**Tallinn, Estonia**

**Day 10**
Tallinn’s UNESCO World Heritage-designated Old Town has remained virtually unchanged for 600 years. Tour around the ancient city walls, then begin a walking tour. See the landmark Alexander Nevsky Cathedral, the 13th-century St. Nicholas Church, and Toompea Castle, the seat of Estonia’s Parliament. Visit the intricate chambers of the medieval Tallinn Town Hall, dominating the Town Hall Square. Enjoy the Captain’s Farewell Reception and Dinner. (b,l,r,d)

**Stockholm, Sweden/Return to Home City**

**Day 11**
After breakfast, transfer to the airport for your return flight home. (b)
**World Navigator** This newly constructed small ship, an intimate yacht appointed in retro-chic elegance, is able to dock in smaller ports inaccessible to larger ships. Each of the 95 suites and staterooms (up to 465 square feet) features a stunning ocean view, and most include a private balcony. All accommodations in your private haven at sea offer a queen-sized bed that can be separated into 2 twin beds, a private bathroom with spa shower, and luxury hotel-style amenities—including bath products from L’Occitane. Complimentary alcoholic/nonalcoholic beverages and Wi-Fi access are available throughout the cruise. All meals aboard ship are included, featuring culinary adventures that rival your discoveries ashore.

**2024 DEPARTURE DATE: July 22 to August 1** (Embarkation: July 23 at 3:00 pm)

<table>
<thead>
<tr>
<th>Category</th>
<th>Early Booking Rate through Feb. 8, 2024</th>
<th>Rates after Feb. 8, 2024</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>8</strong></td>
<td>Stateroom with panoramic ocean view picture window. Deck 3</td>
<td>$6,745</td>
</tr>
<tr>
<td><strong>7</strong></td>
<td>Stateroom with <strong>private balcony</strong> and sitting area with sofa. Deck 5, forward.</td>
<td>$7,195</td>
</tr>
<tr>
<td><strong>6</strong></td>
<td>Stateroom with <strong>private balcony</strong> and sitting area with sofa. Deck 5, midship.</td>
<td>$7,735</td>
</tr>
<tr>
<td><strong>5</strong></td>
<td>Stateroom with <strong>private balcony</strong> and sitting area with sofa. Deck 6, midship.</td>
<td>$8,095</td>
</tr>
<tr>
<td><strong>4</strong></td>
<td>Stateroom with floor-to-ceiling <strong>Juliet-style balcony</strong> and sitting area with sofa. Deck 5, aft.</td>
<td>$8,635</td>
</tr>
<tr>
<td><strong>3</strong></td>
<td>Stateroom with floor-to-ceiling <strong>Juliet-style balcony</strong> and sitting area with sofa. Deck 6, aft.</td>
<td>$8,995</td>
</tr>
<tr>
<td><strong>2</strong></td>
<td>Stateroom with balcony. Deck 6.</td>
<td>$9,535</td>
</tr>
<tr>
<td><strong>1</strong></td>
<td>Stateroom with floor-to-ceiling <strong>Juliet-style balcony</strong> and interior sitting area. Deck 6.</td>
<td>$10,345</td>
</tr>
<tr>
<td>Journey Suite 2</td>
<td>Suite with <strong>large private balcony</strong> and sitting area with sofa. Deck 5.</td>
<td>$11,695</td>
</tr>
<tr>
<td>Journey Suite 1</td>
<td>Suite with <strong>large private balcony</strong> and sitting area with sofa. Deck 6.</td>
<td>$12,865</td>
</tr>
<tr>
<td>Discovery Suite</td>
<td>Suite with <strong>larger private balcony</strong> and separate living room with sofa. Deck 5.</td>
<td>$13,135</td>
</tr>
<tr>
<td>Navigator Suite 2</td>
<td>Extra-large, one-bedroom Suite and separate living room with sofa and floor-to-ceiling ocean view, <strong>large private balcony</strong>, bathroom has a tub and two sinks. Deck 5.</td>
<td>$14,395</td>
</tr>
<tr>
<td>Navigator Suite 1</td>
<td>Extra-large, one-bedroom Suite and separate living room with sofa and floor-to-ceiling ocean view, <strong>large private balcony</strong>, bathroom has a tub and two sinks. Deck 6.</td>
<td>$14,935</td>
</tr>
</tbody>
</table>

Single supplements apply to categories 6, 7, & 8 at 160% of the person double price and subject to availability. All other categories are at 200%.

**BONUS SAVINGS!** Pay in full at time of booking for additional savings. Bookings made inside 121 days prior to departure are not eligible for this discount. Please call for details.

Port taxes are an additional $500 per person. Customers will be notified of any fuel surcharge fee prior to final payment. This fee will then be charged and collected by the vessel operating company while on board. Deck plans available upon request. To secure your spot, call Gohagan & Company at 800-922-3088 or visit gohagantravel.com/reserve

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POST-PROGRAM OPTION

Stockholm

August 1 to 3, 2024 (Tour Ends: August 3)

Stockholm boasts a harmonious blend of medieval, Renaissance and modern architecture. Visit the magnificent City Hall, site of the annual Nobel Prize banquet. Travel through pristine fjordlands on the famed FLÅM RAILWAY, one of the world’s most scenic train rides. Relish a cruise into UNESCO World Heritage-designated Nærøyfjord followed by one night at the historic STALHEIM HOTEL and a visit to the Folk Museum. Then, transfer to Oslo for a city tour, with visits to Vigeland Sculpture Park and the Opera House. Accommodations are for two nights at the SHERATON STOCKHOLM HOTEL.

Price per person, based on double occupancy: $995
Price per person, based on single occupancy: $1,295

Further details will be provided with your reservation confirmation.

PRE-PROGRAM OPTION

Norway

July 18 to 23, 2024 (Tour Begins: July 19)

In historic Bergen, visit the UNESCO World Heritage Sites of Bryggen, the old wharf; and Trolldaugen, the historic home of composer Edvard Grieg. Travel through pristine fjordlands on the famed FLÅM RAILWAY, one of the world’s most scenic train rides. Relish a cruise into UNESCO World Heritage-designated Nærøyfjord followed by one night at the historic STALHEIM HOTEL and a visit to the Folk Museum. Then, transfer to Oslo for a city tour, with visits to Vigeland Sculpture Park and the Opera House. Accommodations are for four nights at ideally located hotels.

Price per person, based on double occupancy: $1,995
Price per person, based on single occupancy: $2,495
SPECIAL SAVINGS – Early Booking up to $3,320 per couple.
Bonus savings if you pay in full at time of booking! Call for details.

Copenhagen, Denmark