Costa Rica and the Panama Canal

SINGLE SUPPLEMENT WAIVED
Space is limited. Book today!
Costa Rica and the Panama Canal

Immerse yourself in a natural world of wonder and travel through one of the greatest engineering marvels of our time and as you journey through virgin rainforests and jungle-fringed beaches from Costa Rica to Panama. This 9-day, 8-night luxury itinerary combines tours of historical and cultural sites with visits to some of the most incredible nature preserves and rainforests in Central America. Begin your exploration of this extraordinary region with one night on land in historical San José, Costa Rica, before embarking on a cruise from the Pacific Coast of Costa Rica to Panama.

Look for howler monkeys, toucans, three-toed sloths, tree frogs, coatis, iguanas, leatherback turtles, and over 600 species of non-migratory birds, on naturalist-led hikes off the coast of Cébaco Island, the Rio Seco Rainforest, Manuel Antonio National Park, and the Curú National Wildlife Refuge. Conclude your journey with an unforgettable cruise through the mighty locks of the Panama Canal to Colón—experiencing an iconic passage that explorers once only dreamed of.
Washington University Alumni and Friends: Be part of a wonderful group—on a remarkable journey!

Join Washington University alumni and friends on a trip of a lifetime: Witness one of the greatest feats of the modern age—the Panama Canal, a stunning example of engineering prowess. Unmatched in drama, this nearly 50-mile passage through the narrow Isthmus of Panama continues to astonish even the most veteran traveler.

What’s So Special About Traveling with Washington University? Just about everything!

First and foremost, you’ll enjoy traveling with a wonderful group of alumni and friends who share your love of learning through travel. Whether walking through an ecosystem of rare species, including the scarlet macaw and fiery-billed aracari or snorkeling in the beautiful reefs of Cébaco Island with fish, turtles, and other spectacular marine life, you’ll find camaraderie and a contagious spirit of adventure. In selecting this itinerary our Alumni Travel Committee also knew how much our group members would appreciate the luxury of the five-star LE DUMONT D’URVILLE.

Do you have to be an alum to join a Washington University Travel Program trip? Alumni, parents, friends—and their friends—are all welcome. The travel experience is made even more special when shared with others who love learning through travel. So sign up today—on your own or with a friend—either way you’ll enjoy an unforgettable travel experience!

Don’t Wait: Space is limited, and our extended booking savings offer is only valid until January 31, 2024! You could save up to $3,120 (per couple). Please see the cruise rates listed separately in this brochure!

David E. Webb
Director, Travel Program and Education
Alumni & Constituent Engagement
Washington University in St. Louis

P.S. The Washington University Alumni Association strongly recommends that you purchase travel insurance for every trip on which you plan to embark. Unforeseen circumstances may cause you to cancel your trip at the last minute, and travel insurance will help to ensure that your fees are refunded. Washington University does not offer its own travel insurance, but Gohagan & Company recommends a policy you may purchase.

To secure your spot, call Gohagan and Company at 800-922-3088 or visit gohagantravel.com/reserve
Global Conservation

Famed for its easily accessed park system, Costa Rica represents one of the world’s greatest ecotourism destinations. The country’s national motto, “¡Pura Vida!” or “pure life,” is reflected in its unwavering commitment to environmental preservation.

One of the most biodiverse locations on Earth, Costa Rica’s varied habitats and ecosystems preserve a spectacular array of wildlife and unspoiled beauty. More than 25 percent of this captivating country has been designated a national park, wildlife refuge, or protected rainforest.

A nationwide mission to achieve zero net carbon emissions by 2050 has reinforced the connection between Costa Rica’s proud residents and this primal landscape that flourishes with rare and endemic species—proving to the world that it’s possible to thrive without damaging the planet we all share.
Transfers and luggage handling abroad if you purchased air through Gohagan & Company and your arrival(s)/departure(s) coincide with the scheduled group transfer(s).

Experienced, English-speaking local guides for included excursions.

Gratuities to local guides and drivers on included excursions and transfers.

Complimentary bottled water in your suite or stateroom and on excursions.

Experienced Gohagan & Company Travel Directors at your service.

Complimentary use of an audio headset during guided excursions.

Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.

Hospitality desk aboard the ship.

Meals included as noted in the itinerary (b,l,r,d).

Marvel of Human Engineering

Completed in 1914, the Panama Canal is considered one of the Seven Wonders of the Modern World by the American Society of Civil Engineers. France’s failed attempt to build a canal in the 19th century and implicit U.S. backing of Panama’s independence in 1903 created diplomatic conditions favorable to the U.S.-led effort. In 1904, the Hay-Bunau-Varilla Treaty granted exclusive canal rights to the U.S. across the Isthmus of Panama in exchange for $10 million and an annuity of $250,000. Under the watchful eye of U.S. President Theodore Roosevelt, the canal’s realization hinged on the successful conversion of the original French sea-level plan to a lock-controlled canal system and crucial health care advances to prevent malaria and yellow fever outbreaks.

This historic engineering feat opened new channels of international trade and allowed ships to travel between the Atlantic and Pacific oceans in a fraction of the time required to circumnavigate South America. Following a $5.25 billion expansion in 2016, the canal now accommodates more than twice the cargo. It’s also seen more than 900,000 vessels (and counting) pass through its locks, experiencing an engineering miracle that was once thought impossible.
9-DAY/8-NIGHT ITINERARY

Depart Home City/ San José, Costa Rica
Day 1
Depart home city for San José. Upon arrival, check into the COSTA RICA MARRIOTT HOTEL HACIENDA BELÉN. Enjoy the evening at leisure.

San José/Puntarenas/ Embark Ship
Day 2
Nestled in the heart of the fertile Valle Central, Costa Rica’s dynamic capital city of San José possesses an eclectic mix of museums, landscaped parks, lively cafés, art galleries, and an interesting fusion of architectural styles—including Spanish Colonial, Moorish, and Modernist. Discover the city’s unique history and culture on a tour that includes visits to the National Theater, a regal Baroque edifice modeled on Milan’s La Scala, and the National Museum. After lunch at a local restaurant, enjoy a transfer to Puntarenas to embark LE DUMONT D’URVILLE. (b,l,d)

Curú National Wildlife Refuge/Playa Muertos
Day 3
Begin your day with a guided walk in the Curú National Wildlife Refuge—a unique blend of sustainable agriculture, forest management, and wildlife protection that reestablished species like the scarlet macaw and spider monkey. With five distinctive habitats, it is the ideal place to see the intricacies of interdependent ecosystems. Morning is the best time of day to observe an abundance of wildlife. Enjoy lunch on board the ship before setting out for a visit to Playa Muertos beach. Nestled within remote Ballena Bay near the Pochote River, this serene and untouched beach is famous for its pristine white sands, unique rock lava structures, and tropical rainforest setting. You will have opportunities to swim and snorkel in this protected area’s clear waters—home to fascinating marine life such as angelfish, spotted eagle rays, and seahorses. (b,l,r,d)

Quepos for Manuel Antonio National Park
Day 4
Experience an unparalleled diversity of wildlife on a visit to the lush Manuel Antonio National Park—a captivating combination of rainforest, beach, and coral reef. It is home to more than 100 species of mammals, almost 200 species of birds, and various reptiles and amphibians. Naturalist guides will lead an exploration of this protected biodiverse paradise, where you may spot screeching howler monkeys, camouflaged iguanas, arboreal squirrel monkeys, two Snorkel in the vibrant coral reef of the Gulf of Montijo off Cébaco Island
and three-toed sloths, and Capuchin monkeys. You’ll also have the option to relax on the beach. (B,L,D)

**Rio Seco Rainforest Day 5**

Enjoy an afternoon excursion to Piedras Blancas National Park, an off-the-beaten-path destination that is home to toucans, tapirs, pumas, jaguars, and four species of monkeys. Discover a secluded beach in the Rio Seco Rainforest along the waters of the gorgeous Golfo Dulce or choose to walk through a tropical fruit orchard. You may also explore a network of hiking trails with an expert naturalist guide to see rare wildlife species and learn secrets of this great ecosystem. (B,L,D)

**Cébaco Island, Panama Day 6**

This morning you will arrive in the sparkling Gulf of Montijo to anchor off the coast of seldom-visited Cébaco Island. You may choose to snorkel in these emerald waters, where schools of brilliantly colored fish, giant manta rays, and four different species of turtles swim amid spectacular rock reefs. An alternative option included in your tour is a guided walk along the beach with an expert naturalist. (B,L,D)

**Panama City Day 7**

Begin your day with a tour of the nation’s capital, Panama City. Later, visit its UNESCO World Heritage designated historic district of Casco Antiguo, a charming neighborhood replete with cobblestone streets and architecturally significant historical edifices, including a 16th century cathedral. (B,L,D)

**Panama Canal/Colón Day 8**

Wake up and cruise from the Pacific Ocean to the Caribbean Sea through the historic Panama Canal on a rare daylight transfer. Watch as the mighty locks open and close, ultimately raising and lowering the ship 85 feet—truly an experience to remember. Attend the Captain’s Farewell Reception this evening. (B,L,R,D)

**Colón/Return to Home City Day 9**

Disembark in Colón and if time permits, visit the Panama Canal Expansion Agua Clara Visitor Center to enjoy panoramic views of the canal’s 166-square-mile Gatún Lake and new longer, wider locks. Transfer to Panama City for your return flight home. (B,L,D)
Le Dumont d’Urville
Join us aboard the exclusively chartered, 5-star Le Dumont d’Urville, where distinctive French sophistication meets innovative nautical design for a new standard of cruising. Each of the 92 5-star staterooms and suites (up to 484 square feet) features a private balcony. Grand deluxe suites have a panoramic window and private terrace. Accommodations offer two twin beds or one queen bed, individual climate control, private bathroom with shower, and luxury hotel-style amenities.

2024 DEPARTURE DATE: March 1 to 9 (Tour Begins: March 1)

<table>
<thead>
<tr>
<th>Category</th>
<th>LAND/CRUISE RATES</th>
<th>Extended Booking Savings through Jan. 31, 2024</th>
<th>Rate after Jan. 31, 2024</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deluxe stateroom with a picture window, single door onto private, partial-wall balcony. Deck 3. (limited availability)</td>
<td>$4,945</td>
<td>$5,495</td>
<td></td>
</tr>
<tr>
<td>Prestige stateroom with a picture window, single door onto private, partial-wall balcony. Deck 4.</td>
<td>$5,395</td>
<td>$5,995</td>
<td></td>
</tr>
<tr>
<td>Prestige stateroom with expansive sliding glass door, private balcony. Deck 5.</td>
<td>$6,115</td>
<td>$6,795</td>
<td></td>
</tr>
<tr>
<td>Prestige stateroom with expansive sliding glass door, private balcony. Deck 6.</td>
<td>$6,835</td>
<td>$7,595</td>
<td></td>
</tr>
<tr>
<td>Deluxe suite with expansive sliding glass door, private balcony. Deck 3. (limited availability)</td>
<td>$7,555</td>
<td>$8,395</td>
<td></td>
</tr>
<tr>
<td>Deluxe suite with expansive sliding glass door, private balcony. Deck 4, midship. (limited availability)</td>
<td>$8,275</td>
<td>$9,195</td>
<td></td>
</tr>
<tr>
<td>Deluxe suite with expansive sliding glass door, private balcony. Deck 5.</td>
<td>$9,175</td>
<td>$10,195</td>
<td></td>
</tr>
<tr>
<td>Deluxe suite with expansive sliding glass door, private balcony. Deck 6.</td>
<td>$10,075</td>
<td>$11,195</td>
<td></td>
</tr>
<tr>
<td>Two-room suite, expansive sliding glass door, larger private balcony, two bathrooms, two closets, large sitting area with sofa. Deck 5. (limited availability)</td>
<td>$10,975</td>
<td>$12,195</td>
<td></td>
</tr>
<tr>
<td>Two-room suite, expansive sliding glass door, larger private balcony, two bathrooms, two closets, large sitting area with sofa. Deck 6. (limited availability)</td>
<td>$11,695</td>
<td>$12,995</td>
<td></td>
</tr>
<tr>
<td>Large suite with expansive sliding glass door, larger private balcony, sitting area with sofa. Decks 5 and 6. (limited availability)</td>
<td>$12,415</td>
<td>$13,795</td>
<td></td>
</tr>
<tr>
<td>Extra-large, one-bedroom suite and separate sitting room with sofa, expansive sliding glass door, spacious private terrace, full bathroom with tub and separate shower, additional half bath. Decks 5. (limited availability)</td>
<td>$13,135</td>
<td>$14,595</td>
<td></td>
</tr>
<tr>
<td>Extra-large, one-bedroom suite and separate sitting room with sofa, expansive sliding glass door, spacious private terrace with outdoor Jacuzzi, full bathroom with tub and separate shower, additional half bath. Decks 5. (limited availability)</td>
<td>$14,035</td>
<td>$15,595</td>
<td></td>
</tr>
</tbody>
</table>

Single Supplement waived for solo travelers wishing to reserve in categories 6, 7 & 8! This offer is limited capacity controlled. Once capacity is filled single price goes to 200% of the per person double price and are subject to availability.

Port taxes are an additional $505 per person. Customers will be notified of any fuel surcharge fee prior to final payment. This fee will then be charged and collected by the vessel operating company while on board. Deck plans available upon request.

To secure your spot, call Gohagan & Company at 800-922-3088 or visit gohagantravel.com/reserve

Gohagan & Company reserves the right to correct errors or omissions and to change any and all fares, fees, promotions, and surcharges at any time.

Terms & Conditions are available at gohagantravel.com/terms/

PHOTO CREDITS: Alamy, Getty Images, Wolfgang Kahler, Alinden Pictures, ©Ponant, Shutterstock; all images are rights managed and cannot be used without permission.
POST-PROGRAM OPTION

Panama City
March 9 to 11, 2024 (Tour Ends: March 11)

Continue your journey by exploring Panama City’s rich indigenous culture, compelling colonial history and contemporary élan. Visit the UNESCO World Heritage-designated Panama La Vieja—founded in 1519 and later destroyed by privateer Henry Morgan—to see the ruins of the oldest European settlement on the Pacific-American coast. Visit the fascinating Agua Clara Visitor Center for panoramic views of the Panama Canal expansion and cruise the Gatún River to meet indigenous Emberá people. Spend two nights in the ideally located, deluxe BRISTOL PANAMA HOTEL.

Price per person, based on double occupancy: $765
Price per person, based on single occupancy: $1,040

Further details will be provided with your reservation confirmation.

PRE-PROGRAM OPTION

Arenal and San José
February 27 to March 2, 2024 (Tour Begins: February 27)

Explore Costa Rica’s diverse biospheres, from steamy hot springs to misty cloud forests. In view of towering Arenal Volcano, walk in the lush rainforest along a series of suspended and fixed bridges. Visit an organic chocolate workshop, an award-winning coffee estate, and a traditional artisan town known for intricately hand-painted woodcrafts. Accommodations are for two nights in the deluxe COSTA RICA MARRIOTT HOTEL HACIENDA BELÉN and two nights in the 5-star TABACON THERMAL RESORT & SPA.

Price per person, based on double occupancy: $1,425
Price per person, based on single occupancy: $2,030
EXTENDED BOOKING SAVINGS UP TO $3,120 USD PER COUPLE

SINGLE SUPPLEMENT WAIVED
Space is limited. Book today!

The Alumni Association Travel Program
MSC 1210-413-130
Washington University
1 Brookings Drive
St. Louis, MO 63130-4899

096-116